

Holistic & Healing

Indian Head Massage	45mins	£27.00
Kundalini Healing	30 mins	£15.00
Violate Flame Healing	1 Hr	£25.00
Reiki Treatment	1 Hr	£25.00
Reiki for children (under 16)	30 mins	£13.00
Back & Neck Reiki Massage	1 Hr	£30.00
Full Body Aroma Reiki Massage	1 Hr 30 mins	£55.00
Angel Therapy (includes card reading)	1Hr	£30.00
Angel Card Reading	15 mins	£12.00
Ear Candles	40 mins	£25.00
For Children (under 16)	25 mins	£13.00

Treatment includes sinus pressure point massage. This treatment is great for anyone suffering from, ear congestion, tinnitus, vertigo, sinus problems, pressure due to flying or diving. *recommended monthly after course*

Course of 3	£65.00
Course of 3 for children	£30.00

Recommended to ensure ear canals are fully cleared

Reflexology	45 mins	£28.00
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Using controlled movements & pressure to balance the systems of the body so that they work to their optimum. Feel energised, balanced, improve circulation, clear toxins, boost immune system, induce relaxation, relieve stress & more.

Reiki Flow Reflexology	45 mins	£37.00
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Experience a full reflexology treatment with the added benefits of Reiki (Universal Energy), to completely harmonise the whole of the mind, body and spirit, a total blissful balancing rejuvenation.

Acupuncture	1st Appointment £55.00	subsequent appointments £40.00
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Massage

Swedish Back & Neck Massage	30 mins	£20.00
Swedish Full Body Massage	60 mins	£33.00
Swedish Full Body Facial Massage	90 mins	£41.00
Swedish Pregnancy Massage	60 mins	£32.00

Aroma Massages choose your blend of Tisserand aromatherapy oils		
Back & Neck Aroma Massage	30 mins	£23.00
Full Body Aroma Massage	60 mins	£40.00
Full Body & Facial Aroma Massage	90 mins	£48.00

Malayan Massage Coming Soon

Traditional Malay massage uses deep kneading strokes & stretches to ease muscle tension & stimulate energy points, relaxes & promotes healing

Malayan Back Massage	30 mins	£23.00
Malayan Full Body Massage	60 mins	£40.00

Lomi Lomi Massage Coming Soon

A traditional Hawaiian massage, using long flowing strokes to relieve stress & strains, lomi lomi translates to 'rub rub' in Hawaii, this massage is thought to help release memories held by the body, thus promoting healing

Lomi Lomi Back Massage	30 mins	£23.00
Lomi Lomi Full Body Massage	60 mins	£40.00

Thai Style Massage Coming Soon

This technique incorporate one of the ancient healing arts of Thailand. Using Compresses to massage & detoxify the body. This wonderful treatment will leave you feeling revived, refreshed, re-energised & rebalanced. This is a deep & stimulating treatment & is great for muscle tension. The compresses contain over 14 different Thai herbs which will stimulate all your senses for an unforgettable treatment.

Full Body Thai Style (including face)	90 mins	£70.00
Full Body Thai Style	60 mins	£60.00
Back & Neck Thai Style	40 mins	£40.00

Hot Stone Massage

This technique dates back some 5000 years, originating from healers using rock & stone heated in hot coals. Each stroke of the stone is equivalent to 7 of the hand. Making this massage a deep & therapeutic massage.

Full Body Hot Stone Massage	90 mins	£70.00
Back & Neck Hot Stone Massage	40 mins	£40.00
Advanced Hot Stone Massage	2 hrs	£90.00

Using crystals & healing to balance the chakras

Waxing

Half Leg	£14.00
1/2 Leg, Bikini or Under arm	£20.00
3/4 Leg	£18.00
3/4 Leg, Bikini Or Under arm	£24.00
Full Leg	£20.00
Full Leg, Bikini or Under arm	£26.00
Fore Arm	£10.00
Full Arm	£19.00
Bikini Line	£8.00
High Bikini Line	£12.00
Brazilian	£30.50
Hollywood	£35.50
Playboy (front to back)	£40.00
Las Vegas (bikini gems added)	£40.00
Under arm	£8.00
Under arm (for sensitive skin)	£12.00
Lip or Chin Wax	£5.50
Lip & Chin wax	£10.00
Lip or Chin wax (sensitive)	£8.00
Lip & Chin wax (sensitive)	£16.00
Summer Count Down	£38.00

Includes Full Leg, Bikini, Under Arm & Eyebrow Wax

Eye-ssential

Eyebrow Wax & Shape	10 mins	£6.50
Eyelash Tint	20 mins	£9.00
Eyebrow Tint	10 mins	£7.00
Eyelash & Eyebrow Tint	30 mins	£14.00
Eyebrow Shape & Eyelash & brow tint	40 min	£18.00
Eyelash Perm	45 mins	£26.50
Eyelash Tint & Perm	70 mins	£30.00

Please note that an allergy test must be carried out 24 hours prior to every 1st tinting treatment.

Eyelash Extensions

Full Set (including oil free mascara to take home)	£85.00
Half Set (the outer edge of the eye to give a lift)	£45.00
In fill's (every 2 -3 weeks)	£25.00

Eyelash Gem Application

Great for parties etc, can last up to 2 weeks. Have as many gems per eye as you like from 3 - 9, go on put some sparkle in your life!!

Party Individual Lashes	£15.00
Germaine De Cappuccini Eye Contour Treatment	£25.00

Using Germaine De cappuccino Timexpert Line, this dramatic treatment works to neutralise skin micro-tension & vastly minimizes line & wrinkles around the eye contour area. A great Add - On to any of our facials.

Miscellaneous

Ear Piercing 5+ years only	
One ear	£7.00
Both ears	£12.00

Please note any child under 16 must have parental consent

Make Up

Known as The Skin Care Makeup, the **Jane Iredale** line is so safe & beneficial to use that it is recommended by Plastic Surgeons & Dermatologists throughout the world.

Make up Day/Night application	£25.00
Make up Lesson	£35.00
Semi Permanent Make Up available	Price on request

A form of tattooing the eyebrows, lips & eye liners, cheeks & areola available which is done usually after breast reconstruction, or loss of pigmentation. Semi Permanent Make up is a great treatment where you basically wake up looking gorgeous. Davina has had her eyebrows & lips done so if you would like more information or to see them just ask & she is happy to oblige.

To book an appointment please ring Daphne on 0800 0820852

Treatment Specials & Packages

Natural Mini Treat	2 1/4 Hrs	£60.00
A soothing package incorporating a relaxing Back & Neck Massage to ease muscle tension & melt away stress, then an Essential Facial to nourish & re balance, then finally a Juicy Mini Cure to refresh hands & nails. <i>save £9.50</i>		
Naturally Mini Male	1 Hr	£30.00

A great treatment for those in a hurry starting with a Grooming Manicure to refresh hands, then finishing with an Aroma Back & Neck Massage to relieve stress & tension in the back, feel ready to take on anything after this quick fix..

Beauty Bonus Treatment Plan **£60.00**

Includes 4 treatments, each treatment can be upgraded at small extra cost, treatments include, a Facial & eyebrow shape, Pedicure, Back & Neck Massage, waxing of 1/2 leg, bikini & under arm. Plus extra vouchers included in package & chance to have full body fake bake FREE. Treatment value is worth £140

Summer Sizzler Beauty Bonus Beauty Treatment Plan **£60.00**

Includes 4 treatments, can be upgraded too, treatments include, full body polish & extra voucher, another body polish & full body aroma massage, mint/chocolate manicure, mint/chocolate pedicure, & chance to have aroma Back & Neck massage FREE. Treatment value £150

Santa's Special Spa Treatment Package **£60.00**

Another treatment plan consisting of 4 treatments, can also be upgraded, treatments include, Spa Manicure, Spa Pedicure, Spa Facial, Full Body & Facial Aroma Massage. Plus a chance to have a full body Fake Bake FREE.. Treatment value £150

Mothers Day Madness **£35.00**

Incorporating Spa Pedicure & a Back & Neck Massage. Worth £51

Fathers Day Special **£25.00**

Incorporating Back & Neck Massage, facial exfoliation, pressure point facial massage, soothing facial massage & scalp massage. Worth £43

Back to School Bonanza **£40.00**

Incorporating Super Spa Pedicure, mini manicure & Back & Neck Massage, just the thing you need when the kids have gone back to school

Prom Packages - please ask for details

Spray Tan Parties at home, let us come out to you, minimum of 5 people for us to come out. **Price per head £22.00**

Wedding & Packages

Platinum Package	£345.00
Gold Package	£215.00
Silver Package	£150.00
Bronze Package	£105.00
Bridal Make Up (includes Trial)	£65.00
Extra people on the day (bridesmaids, mother of the bride/groom)	
Make Up and Hair Up	£POA
Just Make Up	£25.00

For more information on our Wedding Packages please ask or pick up a leaflet in the salon.

We would need a few months notice for any Wedding Services

Services at your home or venue will be considered for an extra charge, *Sunday make up & hair also considered at time & 1/2 rate* - notice required. *Wedding package prices do not include hair trial price POA.*

Hen Packages - Book 5 or more for party & bride receives bottle of champagne & credit note to use after the big day.

Package 1	3hrs	£60.00
Includes mini facial, mini manicure, mini pedicure, night time make -up		
Package 2	3hrs	£50.00
Includes mini facial, back & neck massage, mini manicure & mini pedicure		
Package 3	1.5hrs	£39.00
Includes mini facial, mini manicure, mini pedicure		

Natural Beauty Salon



For All Your Beauty, Holistic & Spa Treatment Needs

Cibtac, Babtac, INHA, VTCT, NVQ,

Opening Times

Monday	10:00 - 18:00
Tuesday	10:00 - 20:30
Wednesday	10:00 - 17:30
Thursday	10:00 - 20:30
Friday	10:00 - 20:30
Saturday	10:00 - 18:00

9 School Lane
Quedgeley
Gloucester
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enquiries@naturalbeautysalon.net

www.naturalbeautysalon.net

Welcome To Natural Beauty Salon

We are qualified, insured professional therapists. We strive to provide you with the best services & therapies, so that you can immerse yourself with a bit of local luxury me time, that is so needed these days, so pop in & let us pamper you away from all the stresses of work & home life.

We are dedicated in making you happy & beautiful!

Salon Etiquette

We would love to be able to welcome you as our Newest Valuable Client and here at Natural Beauty Salon, we want you to know that we're grateful you chose us as your Preferred Beauty Advisers. Just so you're *absolutely clear* about what to expect here is a short list of our requirements.

- You are on time. If you are not on time, you understand that you may not be able to have your chosen treatment at that time, or that your treatment time may be shortened to accommodate subsequent appointments.
- If you are new to us you will need to complete a full consultation with us, we would be grateful if you could arrive at least 5 minutes before your agreed appointment time so that we have the time to complete this with you, without it eating into treatment time.
- You pay the agreed treatment costs. (Unless of course, under our Guarantee, you're making a formal complaint)
- Please consider our therapists – & that your own personal hygiene is of a high standard.
- That you inquire *in advance of your appointment time* if you wish to bring a child or children into the salon.
- You understand that if you miss an appointment without giving us at least 24 hours notice, you may be liable to pay a fee of 30% of the treatment value.
- Please consider our other clients & ensure that all mobile phones are either switched off or are on silent. If you need to answer your mobile phone please do so in a respectful manor so as to not disturb other treatments in progress.
- For bookings of parties, packages or treatments that are 2hrs or over, a 50% deposit is required at the booking stage. If the appointment is cancelled late or indeed you fail to attend you appointment, this will be a non refundable deposit. *Thank you Davina*

GIFT VOUCHERS are available for beauty treatments/money denomination or packages - we **do not** however accept gift vouchers to be used for waxing as we feel that this is not a true gift.

Payment by Cash, Card or Cheque

Client testimonials

A great services is always provided. I would recommend these treatments to anyone. Very friendly service, always feel welcome and guaranteed I come away feeling very relaxed and ready to face my two kids!!

Karen - personal assistant & mother of two.

Bloody heaven on a bed, I would like to be able to come every day!

Has made me feel like a Beautiful Woman!

Carol - Telesales - Quedgeley

I love coming to Natural Beauty, its a friendly place to come, relax and have treatment 10/10

Natasha - Quedgeley - Admin Officer

Relaxing, with knowledgeable and caring therapists - Full recommend the salon.

Sue - Hardwicke - -PA

Hello Davina, well i am finally back from travels and can say that i never ever found the same standard of treatment with my waxing as i have found with u.... So on that note, please can i get an appointment with u for my waxing ASAP

Kate - Quedgeley

"my girlfriend bought me Germaine de Cappuccini products for men recently after using Champneys. The first noticeable quality is the very distinct scent which has a somewhat 'classy' yet modern edge to it. The shaving cream is exactly that, a cream without lather and even after shaving and before moisturising, my skin was left feeling soft, fresh and rejuvenated, even after working outside. Adrian M. Parry

Happy Faces

We are delighted to be appointed as a stockist & a Treatment Centre for one of Europe's leading professional skin care houses. Germaine De Cappuccini

Spa Facials:

When to have - Any Time of year

Our skilled team will recommend a suitable facial depending on skin type, all facials include a complimentary shoulder, hand & arm or foot massage plus a scalp massage worth **£15 FREE**
£38.00
Buy a course of 6 £190.00

So Delicate 60 mins **£40.00**

When to have - Any time of year, for people sensitivity to other skin care products

Soothes & strengthens a delicate sensitive skin, with noticeable results after just 1 treatment, skin is soothed, redness, itching & irritation are calmed & skin is restored back to normal, Homecare is highly recommended.

Buy a **course of 6** So Delicate **£200.00**

Deep Rejuvenation 60 mins **£40.00**

When to have - Any time of year

For aging, thirsty skin, that feels uncomfortable & dry, finishing with a pure collagen mask, your skin will feel hydrated, smooth & comfortable.

Buy a **course of 6** Deep Rejuvenation **£200.00**

Royal Jelly De-Stress 60 mins **£40.00**

When to have - Spring & During Stressful Periods

For skin showing signs of fatigue & loss of radiance, this facial will restore, refresh & de-stress.

Buy a **course of 6** Royal Jelly De - Stress **£200.00**

Timexpert C+ 60 mins **£40.00**

When to have - Any time of year, great for men & women

For dull skin that lacks life, dehydrated by excess sun, for ageing prevention, stress effected skin or skin that has been subjected to Dermoaesthetic treatments (laser, peels, micro dermabrasion).

Buy a **Course of 6** Timexpert C+ **£200.00**

Excel 02 Therapy 75 mins **£55.00**

When to have - Any time of year, 25 years plus

An award winning facial using a complex of active proteins & oxygen to rejuvenate the skins ability to increase firmness & elasticity, using bio technology these products encapsulate oxygen that is used by the skin on a deep level to detoxify & restore radiance.

Buy a **course of 6** Excel 02 **£275.00**

Strategist Dermabrasion 60 mins **£55.00**

When to have - Any time of year, skin that suffers from stress & sun

A completely natural yet high - tech facial for thickened skin, skin with dark spots & that looks tired & dull. This treatment will give excellent results immediately.

Buy a **course of 6** Strategist Dermabrasion **£275.00**

Teenage Facial 45 mins **£25.00**

For Problem skin with breakouts & blackheads, includes extraction.

Advanced Facial Care:

Using Germaine De Cappuccini Aesthetic Electrical Machine. The machine maximises the effects of the products to achieve the best results possible, with each & every facial. All advanced facials come with a complimentary Scalp massage, a neck stretch & either a shoulder, hand & arm or a foot massage worth **£20 FREE**

Pure T Programme for Oily Skin 90 mins **£55.00**

When to have - Any time of year

An Excellent treatment to balance the PH of the skin & reduce oil secretion. Ideally taken every two weeks until the skin is balanced, (depending on severity this could be within 6 -10 weeks.

Pure T Programme for skin with Acne 90 mins **£55.00**

When to have - Any time of year

A highly effective treatment for those troubled with Acne, ideally taken weekly (for 6 treatments) with additional home care products to keep skin clean & hydrated.

Buy a **course of 6** Pure T Programmes **£275.00**

Happy Faces cont.

Hydrasoin 90mins **£55.00**

When to have - Any time of year, & Before or After Sun Exposure

Using Marine & plant components, this facial helps the skin recover its ability to retain water, helping it repair & protect itself, lessens the signs of aging caused by dehydration. Especially for dry dehydrated skin,

Buy a **course of 6** Hydrasoin **£275.00**

Timexpert Lifting 75 mins **£60.00**

When to have - Any time of year, 35 years plus

A highly successful treatment that works on skin which has lost volume & tone. Particular attention is given to the neck which shoes the first signs of aging. Results are immediately seen & felt, & a course is highly recommended for lasting results.

Buy a **course of 6** Timexpert Lift **£300.00**

Timexpert Lines & Wrinkles 1hr 45 mins **£60.00**

When to have - Any time of year

Working to erase expression lines & drastically re-fill wrinkles using a 'Micro Dermoxine' complex. This incredible treatment mimics the effect of botox & collagen injections, & is the most effective treatment for lines & wrinkles on the market. Your skin will look smoother, firmer & youthful.

Buy a **course of 6** Timexpert Lines & Wrinkles **£300.00**

Nimble Fingers & Twinkle Toes

Mini Cure By OPI 20 mins **£10.00**

A Quick Fix treatment with cuticle work, nail shaping & a fabulous OPI lacquer to finish. A quick tidy for an ongoing clean & tidy finish, *recommended fortnightly*

Juicie Mini Cure by OPI 30 mins **£15.00**

Bursting with fruit extracts, Aloa & Vit-C, that quick tidy for lasting results plus a great hydrating massage to keep skin smooth & hydrated, includes fabulous lacquer finish. *recommended fortnightly or monthly*

Replenishing Manicure by OPI 45 mins **£22.50**

An ultra-moisturising treatment to nourish & replenish skin with OPI's Avocado Lipid Complex, for dehydrated & overworked hands in need of replenishment, includes fabulous lacquer finish, *monthly must have!*

Rejuvenating Manicure by OPI 1 hr **£22.50**

This Fabulous age-defying, luxurious treatment is enriched with AHA's & vitamins for visibly younger looking hands, for anyone who is concerned with age spots & loss of firmness in hands, includes fabulous lacquer finish, *monthly must have!*

Chocolate Manicure 75 mins **£28.00**

Chocolate is renowned for its antioxidant properties, so what better way to indulge without adding extra calories to your diet, than a luxurious dip in Belgian chocolate. & uplifting chocolate scrub & massage Pure Bliss, includes fabulous lacquer finish, a great gift for someone special, or something special for yourself!

Quick Foot Fix 30 mins **£11.00**

Includes a relaxing foot soak, shaping of the nails, cuticle work & a fabulous lacquer to finish. A quick tidy for an ongoing clean & tidy finish, *recommended fortnightly*

Soothing Foot Fix 50 mins **£18.50**

Relaxing treatment including shaping of the nails, cuticle work, invigorating foot scrub, soothing massage & laquer to finish *recommended monthly*

Pedicure Retreat by OPI 75 mins **£26.00**

A true pamper for your feet, Includes the works, packed with botanical ingredients & customised callus-reducing AHA treatment, hydrating foot mask & a feature length massage, Keep your feet looking fabulous, includes fabulous lacquer finish, refreshing, revitalising & more, *monthly must have!*

Chocolate Pedicure 75 mins **£28.00**

Chocolate is renowned for its antioxidant properties, so what better way to indulge without adding extra calories to your diet. Start by soaking & bathing your feet in a warm milk bath, then try our uplifting chocolate scrub & massage then take a dip in the luxurious Belgian chocolate. Pure Bliss, includes fabulous lacquer finish

Nail Art for fingertips or toes per nail **£1.00**

Nail Patch Repair per nail **£1.00**

French Polish or Funky French To Hands or Feet **£4.00**

Body Bliss

Body Polish 1 Hr **£30.00**

Using a combination of dry body brushing & exfoliation, the skin is refreshed, dead skin cells & toxins are removed & the lymphatic system is stimulated. For super soft silky skin, also great for circulation problems or water retention, great as a holiday prep to tan better. *monthly must have!*

Fake Bake Full Body False Tan 1 Hr **£30.00**

Includes full body exfoliation for silky soft skin & full body tan application This unique & patented product is guaranteed to give the best result with no streaking, all without the harmful effects of the sun. *Top Up price £24.00*

Half Body Application 40 mins **£20.00**

Fake Bake Spray Tan 25 mins **£25.00**

Half Body Spray 15 mins **£15.00**

Spray Courses are available please ask., *Spray top up price £20.00*

Back Heat Treatment 1 Hr **£45.00**

A great treatment for tired aching muscles, starting with a deep exfoliation to cleanse, followed by a back & neck massage, then relax while the warm paraffin wax continues to ease muscle tension, condition the skin & aid stiffness in the back. Great for sports people alike or anyone suffering from back muscle problems, from poor posture to just being over worked & stressed, *recommended monthly*

Back Cleansing Treatment 60 mins **£45.00**

A great treatment for decongesting the back & shoulders. If you suffer from excess oil, or spot breakouts on your back then this one is a must for you. *monthly must have!*

Universal Contour Wrap 2Hr **£75.00**

Coming Back Soon please ask

The inch loss treatment that uses sea clay to lift & tone the skin, draw out impurities & toxins, boost the lymphatic system, rejuvenates skin elasticity. Great to target stubborn areas, stretch marks & cellulite-comes with a 6" loss guarantee - how much will you loose?! Now includes mini facial too!!

Course of 3 - recommended for best results **£200.00**

Treatments For Men

Grooming Manicure 20 mins **£13.00**

A must for any man who takes pride in himself & his appearance

Grooming Pedicure 30 mins **£15.00**

A relaxing treatment to revive tired feet

C+ Energy Treatment 1 Hr **£50.00**

A great cleansing facial that eliminates toxins, strengthens the skin against pollution & stress, gives luminosity, hydration, tone & immediate comfort.

Massage

Full Body Massage 50 mins **£30.00**

Full Body + Facial Massage 70 mins **£36.00**

Back & Neck Massage 30 mins **£19.50**

Full Body Aroma Massage 50 mins **£34.00**

Full Body Aroma + Facial Massage 70 mins **£45.00**

Back & Neck Aroma Massage 30 mins **£22.50**

Back Heat Treatment 60 mins **£45.00**

A great treatment for tired aching muscles, starting with a deep exfoliation to cleanse, followed by a back & neck massage, then relax while the warm paraffin wax continues to ease muscle tension, condition the skin & aid stiffness in the back. Great for sports people alike or anyone suffering from back muscle problems, from poor posture to just being over worked & stressed, *recommended monthly*

Cleansing Back Treatment 40 mins **£35.00**

Using steam and high frequency current this treatment is great for decongesting the back & shoulders, After a salt scrub which will help to re-mineralise the skin, a mask is applied to purify the skin & draw out any excess oil & impurities.

With a relaxing Back & Neck Massage 60 mins **£45.00**

Waxing

Back or Chest Wax **£14.50**

Back & Chest Wax **£26.00**

eyebrow, full leg, full arm & underarm also available