



April 2010

Issue 22

Natural Beauty Salon

April Issue

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www.naturalbeautysalon.net

Hi there.

Hope you are all well and feeling better now that the mild weather has started we are even getting a bit of sunshine too. Woohoo!

This is a great time to start thinking of waxing and pedicures too, to get those all important areas ready for shedding those clothes. I have more information on waxing in this issue, so hopefully all your questions will be answered on Why Wax?

OK I have a lot to fit into this one so without further ado I will get on. Enjoy, Best Regards *Davina*

Product Of The Month



Fake Bake Lipo Glow

This is Fake Bake's Daily moisturiser with Lipocare.

So what does that mean. Well it is an intense hydrating gradual tan with added anti-cellulite properties.

Natalie Offer

A new staff member! What a great excuse for a great offer!

Aroma Back & Neck Massage

Free Back Brush exfoliation to rid your back of those dead skin cells that you just cant reach yourself, & for great lymphatic drainage



FREE Full leg exfoliation to refresh & rejuvenate

FREE Full leg massage to soothe and ease

All for just £23

At this price you would be silly not to treat yourself

Containing a number of Botanical Benefits including Lipocare, which is known to reduce 'Orange Peel' skin with continued use. Also containing Rigin which is a powerful peptide to help firm the skin.

This product is scientifically proven to help cellulite with continued use, plus you get the added benefit of a gradual tan. This product is not suitable for the face and is only suitable for the body in particular areas with cellulite (legs, buttocks etc).

What a great way to start putting a spring in your step with a hint of colour, by the time summer comes you will have the legs of a goddess!

So how much is it then? being FAKE BAKE I bet you think its around the £25 mark. Well you would be wrong! it normally would retail at £18 on the high street, therefore I would normally retail at £16. However while stocks lasts how's **£10?**

I know what a bargain!!!! Grab yours now

Additional Etiquette Info

This time of year we are seeing more and more summer colds, sniffles, coughs and illnesses. We have also had a few brought into the salon, and as much as we love to see you and love sharing we do draw the line at sharing some things haha.

With that in mind could I please ask that if you are ill or have been very ill and are due to see us that you consider our therapists and other clients, and move your appointment to a time when you are not ill. That way we will be of good health and not pass any illnesses onto our other clients and on top of that we should not have the need to cancel appointments due to our therapists being off sick.

If you are able to inform us 24hrs prior to your appointment then no late cancellation fee will be charged. However if you do turn up and are obviously poorly then we will ask you not to have your treatment that day and can rearrange accordingly.

This will also be to your benefit as there are certain treatments that will bring out your illness even more and make you feel much worse.

Thank you for your understanding

Product Line Offer

Germaine De Capuccini Lines & Wrinkles Range

Well done to all who snapped up the Lines & Wrinkles products, what a bargain!. I know you will love the results you will get. There aren't many products the do what they say on the tin but wow these really do, & I would love to hear what you think.

Product SALE

We still have some OPI products left that are on sale so if your looking for a little gift or something to take away with you, or just a good saving on some lovely polishes, then pop in and have a look.

FACEBOOK

We are now also on facebook so if you would like to show your appreciation and become a fan, then look out for Natural Beauty Salon Gloucester

To Book An Appointment Please
Call 01452 728109

Hours Of Business

Mon	10:00 - 18:00	Fri	10:00 - 20:30
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Waxing from normal to advance

There are many forms of waxing and to be honest we cover about 99% of them, but some of you are still not sure about waxing and certainly not sure about advanced waxing so I have decided to brake it down for you, particularly now that the warmer weather is on its way and this is a great time to start a waxing regime.



So Why Wax?

Well waxing pulls the hair from the root, making the hair take around 4 weeks to grow back. Where as shaving is only taking the hair from skin level and will continue to grow, therefore you never get a stage of being 'hair free'.

When do I need a follow up appointment?.

Waxing should be done a minimum of 4 weeks apart and on a regular basis for maximum results. Basically your hairs grow at different rates all over the body. With waxing the aim is to train the hairs to all grow together, that way you can be hair free for up to 3 weeks. (if you had a wax you would naturally get some re-growth after about 1-2 weeks these are hairs that are waiting under the skin, so in 4 week after your 1st appointment, we would wax all the hairs we did on the 1st appointment and the set of re-growth that you had in between. Then every 4 weeks we would add on more re-growth sets until we have trained them to all grow at the same time, this can take up to 6 treatments) so eventually you will be hair free for around 3 weeks and then all the hairs would come through together in time for your appointment.

Plus whilst having them waxed they will become much finer and some may slow down and pack up. When this happens you can extend your treatment from 4 weeks apart to 5-6 weeks apart.

Is it Painful?

Well everyone is different. And there are a few factors to consider too.

The first time you have a wax will always be the most painful, this is because neither the hairs or the skin is used to having it done, however the next treatment is never as bad as the first so stick with it and you will reap the rewards.

Monthly Cycle - a week before and a week after a monthly cycle you are more sensitive, also during pregnancy so take care when booking appointments if you have a low pain threshold. A paracetamol can be take before your appointment but if you are pregnant please get advise from your GP.

Waxing isn't as pleasurable as a facial or a massage but the benefits far outweigh and mild discomfort that you experience, and everyone is very different, some people don't even bat an eyelid, its all very individual.

Waxing Cont.

What's the difference between Warm Wax (normal) & Advanced Wax?

Ok so warm wax is the wax that we tend to use on all areas of waxing, its very sticky and is applied in a thin layer, then a paper strip is applied to the wax which is then ripped off taking the wax and the hair with it. It also removes a layer of dead skin too so your legs and other areas are smoother. Because of this you may experience mild discomfort.

Hot wax is a thick wax applied in a thick layer to the area, it is left to slightly harden off, in doing this it grabs the hair in the wax, we then rip the wax off. This method is much kinder to the skin as it does not adhere to the skin, therefore there is less pain, less stress and discomfort. Because of this we tend to use it for our advance waxes which are Brazilians, Hollywood's and playboys. Doing waxing with this method takes more time and this is why the prices vary a lot.

Advanced waxes with warm wax.

It is possible to have advanced waxes with warm wax, but it has been my choice not to offer it as I feel more comfortable using the hot wax knowing that you benefit from the comfort of it. However with Natalie on board she is used to doing such waxes with the warm wax and is happy to continue, so having said that we now offer addition services for those who would like it.

Brazilian with Warm Wax £20

Hollywood with Warm Wax £25

Playboy with Warm Wax £30

Training

As you know we do like to keep up with training. I completed my Hot Stone Massage some time ago now and now this service is available, in due course Sophie, Natalie & Leanne will be completing their Hot Stone Training. This will ensure that we are able to offer this service with every therapist and any time of the day and day of the week. Ensuring that you get the service that you require. We will also be completing the new facial training soon. This will consist of the New Rides (reeds) facial which includes a new **Kobido** Massage (Japanese facial massage). Also the **Naturae** (organic Facial). Once this training is completed there will also be the opportunity to add a **Ritualist** service to any of our anti-aging facials at a small cost, one of them being the Kabido massage and the other a Resurfacing Mask/Peel. Another way to get the absolute maximum benefits of your facial. More information on these will follow

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