

Waxing

Recommended Monthly

Half Leg	£15.00
3/4 Leg	£18.00
Full Leg	£21.00
1/2 Leg, Bikini or Under arm	£21.00
1/2 Leg, Bikini & Eyebrow	£27.00
Full Leg & Bikini	£27.00
Fore Arm	£10.00
Bikini Line	£9.00
Bikini (sensitive)	£12.00
High Bikini Line	£12.00
High Bikini Line (sensitive)	£18.00
Brazilian	£30.50
Hollywood	£35.50
Playboy (front to back)	£40.00
Las Vegas (bikini gems added)	£40.00
Under arm	£9.00
Under arm (for sensitive skin)	£12.00
Lip or Chin Wax	£6.00
Lip & Chin wax	£10.00
Back or Chest Wax	£15.00
Back and Chest Wax	£28.00
Summer Count Down	£40.00
Includes Full Leg, Bikini, Under Arm & Eyebrow Wax	

Eye-ssential

Eyebrow Wax & Shape	10 mins	£8.00
Eyelash Tint	20 mins	£10.00
Eyebrow Tint	10 mins	£10.00
Eyelash & Eyebrow Tint	30 mins	£15.00
Eyebrow Shape & Eyelash & brow tint	40 min	£20.00
Eyelash Perm	45 mins	£26.50
Eyelash Tint & Perm	70 mins	£30.00

Please note that an allergy test must be carried out 24 hours prior to every 1st tinting treatment.

Eyelash Extensions

Full Set	£50.00
Half Set (the outer edge of the eye to give a lift)	£35.00
In fill's (every 2 -3 weeks)	£25.00
Eyelash Gem Application	£10.00
Party Individual Lashes	£20.00

Make Up Using Jane Iredale Mineral Make Up

Known as The Skin Care Makeup, the *Jane Iredale* line is so safe & beneficial to use that it is recommended by Plastic Surgeons & Dermatologists throughout the world.

Make up Day/Night application	£25.00
Make up Lesson	£35.00
Bridal Make Up at the salon	£65.00
Bridal Make Up at home or venue	£85.00

For packages including Mother of the Bride, Mother of the Groom & Bridesmaids etc please ask.

Misc.

Ear Piercing	5+ years only - any child under 16 must have parental consent
One ear	£7.00

Please note cancellations must be received at least 24 Hrs before appointment time, to avoid service charge of 30% (this includes appointments using gift vouchers)

GIFT VOUCHERS are available for beauty treatments/money denomination or packages - we do not however accept gift vouchers to be used for waxing as we feel that this is not a true gift.

payment by cash, cheque or card thanks (35p charge for card transaction)

Nimble Fingers & Twinkle Toes

File, Shape & Polish	20 mins	£10.00
Express Manicure	30 mins	£15.00
Includes OPI varnish to the nails, cuticle work and relaxing hand & arm massage		
Spa Manicure	55 mins	£23.00
An ultra-moisturising treatment to nourish & replenish skin, for dehydrated & overworked hands, includes fabulous lacquer finish.		
Deluxe Manicure	75 mins	£30.00
A true pamper for you hands, this more luxurious manicure incorporates a hand mask & heated mitts for super, soft silky hands		
OPI Axxium	75 mins	£25.00
OPI's revolutionary semi-permanent lacquer system, where your manicure will last up to 3 weeks with no chips.		
Removal of Axxium	20mins	£10.00

Nail Enhancements

Full Set Acrylic or Gel (includes OPI varnish)	£30.00
Maintenance (recommended fortnightly, includes up to 2 repairs)	£20.00
Nail Repair	each nail £4.50
Overlays	£25.00
Minx & Nail Wraps to hands or feet	1 hr £25.00
Express Pedicure	30 mins £11.00
A quick tidy for a clean & tidy finish.	
Regular Pedicure	50 mins £19.00
Relaxing treatment including all of the essentials	
Spa Pedicure	75 mins £26.00
True Pamper for your feet including foot mask & heated bootie	
Deluxe Pedicure	75 mins £30.00
Absolute Bliss on every level - includes a chocolate foot mask	
Nail Art for fingertips or toes	per nail £1.00
Nail Patch Repair	per nail £1.50
French or Funky French Polish To Hands or Feet	£4.00

Sun Shower

3 mins	£3.00	60 mins	£36.00
6 mins	£4.00	90 mins	£48.00
9 mins	£5.50	120 mins	£64.00
12 mins	£7.00	150 mins	£80.00
15 mins	£9.00	sunbed creams also available	

last updated October 2011



GL3's Number 1 Beauty Services

NEW!!
Nail Enhancements Now Available

Appointment Times

Mon 10:00 - 18:00
Wed 09:30 - 18:00
Tues, Thurs & Fri 10:00 - 20:00
Sat 10:00 - 18:00

At
96 Insley Gardens
Hucclecote
Gloucester GL3 3BA

Phone 01452 611135

E-mail body-flair@onebillnet.co.uk

www.naturalbeautysalon.net



Happy Faces *suitable for all skin types as they are tailor made*

Body Flair Facials

Mini Facial 30mins **£25.00**
A facial for those in a hurry, including a Cleanse, Tone, Exfoliation, Massage & Moisturise.

Spa Facials

Classic Prescription Facial 60mins **£38.00**
Our skilled team of therapists will provide you with a most prescriptive treatment designed especially for your skin's needs. Regardless of your skin type, age or concerns, this facial will be perfect for you.
Add a Glycolic treatment to your Classic facial for just **£5.00**

NATURAE– The Totally Organic Experience - 70mins **£45.00**

A highly relaxing facial using the Germaine de Capuccini Naturae range of Organic products. Based on White Tea Extract, rich in polyphenols, anti-oxidants, flavonoids, & vitamins C & E - this ingredient is the most powerful anti-oxidant in nature. The treatment incorporates a stunning Shiatsu massage, and your skin will be left, fresh, hydrated and glowing with natural health!

Advanced Facials

Strategist Refine - Cosmetic Dermabrasion 60mins **£55.00**
A completely natural, but high-tech skin rejuvenation treatment, which works at the deepest level to renew and revitalise the skin. Excellent for skin, which is dull, tired, has acne scarring, perfect too for thicker skin. This treatment will give excellent results immediately, with skin looking refreshed & radiant.
Strategist refine- to refine the pores and skin texture.

Specialist Facials

HydraCure 75 mins **£55.00**
Highly advanced therapy using the very latest technology to provide total hydration to skin which is dehydrated. Dehydrated skin is likely to be dull in tone, easily irritated and showing fine lines. Hydracure contains high, medium and low weight molecular ingredients to restore hydration, prevent water loss, strengthen the skin and improve the firmness of the skin. Also using thermal aqua from a volcanic spring in Japan rich in nutrients, this treatment will provide immediate and lasting hydration, a complete feeling of comfort and your skin will be left soft, smooth & radiant.
hydrasion diagnostic treatment, and for dehydrated skins

PURETSKIN 75mins **£55.00**
For skin with problems, the PureTskin line offers two exceptional treatments: Oily Skin & Skin with Acne.
Commencing with a natural Enzyme Peel, which can be used on the most sensitive of skin, PureTskin from Germaine de Capuccini contains a carefully selected group of active ingredients for their anti-inflammatory and anti-bacterial effects. PureTskin works to balance the skin's PH and reduce oil secretion. Pustules & breakouts are calmed, reduced and the skin is left looking healthier.

Happy Faces *continued...*

Timexpert Treatment Ranges: *All treatments 75 mins*

Truly innovative & powerful anti-aging lines that help the skin recover its youthfulness. Using the very latest technology, Germaine de Capuccini offers four very specific therapies, all of which provide instant results.

- **Rides** – Specifically for Lines & Wrinkles **£65.00**
Containing 'Micro-Dermoxine Complex' an exclusive combination of peptides with a specific anti-wrinkle effect that neutralises facial micro-tensions and provides collagen micro-fragments that fill in the wrinkles.
Whilst this treatment is highly relaxing to receive the visible results are seen immediately.

- **Lift** **£65.00**
A superb treatment to lift and firm the face and neck.
'Kombucha', better known as the fungus of long life, is the origin of this treatment's main ingredient; it has the ability to help add volume to skin losing its tone. The lifting effect is seen immediately and this treatment is highly recommended for any person who is concerned with the ageing effects on their skin over time.

- **Light & Bright (White)** **£70.00**
The perfect anti-ageing solution for skin with pigmentation, and/or uneven skin tone. Working with powerful ingredients from plant and vitamin origin, this treatment includes a Glycolic Facial Peel and works to prevent and correct the melanin synthesis process. Reduce the appearance of dark spots, regulate the pigmentation process and restore an even, radiant skin tone. A remarkable treatment with truly super results seen immediately.

- **C+ - COMPLETE REVITALISATION** **£50.00**
The effects of time, stress, sunlight, tobacco etc all produce an excess of free radicals, leaving the skins reserves of Vitamin C below the level which it needs to defend itself. Time Expert C+ provides a superb treatment based on Vitamin C and orange concentrate. Recommended for dull devitalized skin dehydrated by excessive sun exposure. This treatment will give skin new luminosity, cellular metabolism will be improved the skin will feel softer smoother and firmer

We stock a vast range of Germaine De Capuccini skincare products for you to use at home, this is recommend to get the best out of your facials and skin care routine.
If you would like more information on Germaine De Capuccini products or would like to try some samples please do ask.



Body Bliss, Massage & Tanning

Swedish Back & Neck Massage	30 mins	£20.00
Swedish Full Body Massage	60 mins	£33.00
Swedish Full Body & Facial Massage	90 mins	£41.00
Pregnancy Massage	60 mins	£33.00
Aroma Massages are performed using a choice blended of aromatherapy oils		
Back & Neck Aroma Massage	30 mins	£23.00
Full Body Aroma Massage	60 mins	£40.00
Full Body & Facial Aroma Massage	90 mins	£48.00
Hot Stone Back & Neck Massage	45 mins	£45.00
Hot Stone Full Body Massage	90 mins	£70.00
Advanced Hot Stone using crystal & healing	2 hrs	£90.00

Sports, remedial massage available, please ask for dates

Body Polish	1 Hr	£30.00
Using a combination of dry body brushing & exfoliation, the skin is refreshed, dead skin cells & toxins are removed & the lymphatic system is stimulated Why not add a body polish to another treatment for a complete top to toe treat - £25.00		
Fake Bake Cream Application Tan	1 Hr	£30.00
Includes full body exfoliation for silky soft skin & full body tan application This unique & patented product is guaranteed to give the best result with no streaking, all without the harmful effects of the sun. <i>A patch test is required for your 1st apt</i>		
Half Body Application	40 mins	£20.00
Spray Tan	20 mins	£25.00

Holistic & Healing

Indian Head Massage	45 mins	£30.00
Reiki Treatment	1 Hr	£30.00
Reiki for children (under 16)	30 mins	£13.00
Back & Neck Reiki Massage	1 Hr	£35.00
Ear Candles	40 mins	£30.00
For Children (under 16)	25 mins	£15.00
Treatment includes sinus pressure point massage. This treatment is great for anyone suffering from, ear congestion, tinnitus, vertigo, sinus problems, pressure due to flying or diving.		
Course of 3		£70.00
Course of 3 for children		£35.00
Recommended to ensure ear canals are fully cleared		
Reflexology	45 mins	£30.00
Using controlled movements & pressure to balance the systems of the body so that they work to their optimum. Feel energised, balanced, improve circulation, clear toxins, boost immune system, induce relaxation, relieve stress & more.		
Reiki Flow Reflexology	45 mins	£40.00
Experience a full reflexology treatment with the added benefits of Reiki (Universal Energy), to completely harmonise the whole of the mind, body and spirit, a total blissful balancing rejuvenation.		

Study Courses

Reiki and other healing courses are available, for more information please ask.